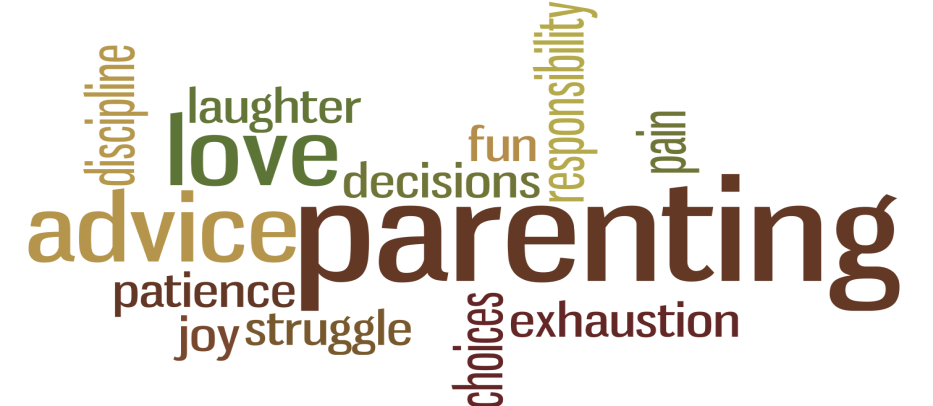


**Parenting Supports in Co. Tipperary: January – March 2020**

***WELCOME TO THE TIPPERARY CHILDREN & YOUNG PEOPLE’S SERVICES COMMITTEE PARENT SUPPORT CALENDAR, Q. 1, 2020. THE INFORMATION BELOW IS ORGANIZED UNDER 4 SECTIONS, AS FOLLOWS***:

* Parenting Group Programmes
* Parenting Supports
* Parent & Toddler Groups / Mother & Baby Groups
* Parenting Talks/Workshops

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| ***Parenting (Group) Programmes*** | | | | | | | | | | | | | | | | |
| ***Area*** | ***Details of programme*** | | | ***Date of***  ***Commencement***  ***Duration*** | | | | ***Venue*** | | | ***Target Group*** | | | | ***Contact***  ***Details*** | |
| **Northern section of**  **Co. Tipperary**  **Northern section of**  **Co. Tipperary** | **TLC Kidz Programme**  Concurrent groupwork programme for children and mothers who have experienced Domestic Violence | | | * To commence in late February / early March 2020 * ***Open for referrals*** | | | | Venue in North of the county to be confirmed | | | Children aged  between 6-16 years and their mothers from the North of the county | | | | *Barnardos Centre, Thurles*  *Margaret Carroll Blake*  *Tel. (0504) 20018*  *E-mail:* [*info@thurles.barnardos.ie*](mailto:info@thurles.barnardos.ie) | |
| **‘Parenting when Separated’ (*Parents* *Plus*)**  Group programme:  - solving co-parenting problems and  coping with the emotional impact of  separation for parents and children. | | | * To commence on Tues. 11th February 2020 | | | | Silver Arch Family Resource Centre, 52 Silver Street, Nenagh | | | Separated Parents of children & young people, 0 – 18 years from North Tipperary area | | | | *Fiona Naughnane,*  *Silver Arch Family Resource Centre,*  *Nenagh*  *Tel (067) 41924*  *087 7921883* | |
| **Parenting Adolescents (*Parents Plus*)**  Group programme**:**  To assist parents to guide their teens to be responsible confident young adults:   * Building Good Relationships * Effective Communication * Negotiating Rules & Boundaries * Building Confidence * Conflict Resolution | | | * January- March 2020 | | | | Silver Arch Family Resource Centre,  Silver Street, Nenagh | | | Parents of Adolescents | | | | *Fiona Naughnane,*  *Silver Arch Family Resource Centre,*  *Nenagh*  *Tel (067) 41924*  *087 7921883* | |
| **Circle of Security**  Group programme:   * Focuses on how parent/child relationships can be strengthened * A unique approach teaching parents and guardians new ways to understand children’s needs and behaviours * Effective ways to respond to these needs and behaviours | | | * To commence in  February 2020 | | | | Venue in Nenagh | | | Parents and carers of children and young people up to 16 years | | | |
| **Circle of Security**  Group programme:  Parents will learn to:   * Understand their child’s emotional world by learning to read emotional needs * Support their child’s abilities to successfully manage emotions * Enhance the development of their child’s self-esteem * Honour their own innate wisdom and desire for their child to be secure | | | * 2 programmes to commence in Q. 1 2020 * Locations in Nenagh and Thurles, respectively. * 8 weeks per programme | | | | **Nenagh programme in**:  Silver Arch Family Resource Centre,  Silver Street, Nenagh  **Thurles programme**: Venue to be confirmed | | | Parents of children from pre-birth to 4 years | | | | *Brigid Murphy,*  *Community Mothers Programme,*  *Silver Arch Family Resource Centre, Nenagh*  *Tel. (067) 31800*  *087 - 2780029* | |
| **Roscrea** | **Circle of Security**  Group programme:  This parenting course focuses on how parent – child relationships can be strengthened. It takes a unique approach to teach parents & guardians new ways to understand children’s needs and behaviours. It offers effective ways to respond to these needs and behaviours. | | | Date in February 2020, to be confirmed | | | | Venue in Roscrea | | | Parents of babies and children from 4 months to 6 years | | | | *Linda Dermody,*  *North Tipperary Development Company*  *Tel. (0505) 24462* | |
| **Templemore** | **Mellow Bumps**  Group programme:  Mellow Bumps is a 6-week attachment based programme for pregnancy offered for mums-to-be.  It has been shown to reduce stress levels among the mums who participate.  It helps mums to identify a support network for themselves, and develops understanding around a baby's ability to interact from birth, and the importance of this interaction for a baby's brain development. | | | Date in Q. 1 (*Jan–March*)*,* 2020 | | | | Old Courthouse, Bank Street, Templemore | | | Women who are pregnant | | | | *Orlaith McDowell,*  *Templemore Community Services*  *Tel. 083-1606832*  *(0504) 31244*  [*socialworktss@gmail.com*](mailto:socialworktss@gmail.com)  *Stephanie O’Callaghan,*  *More Family Support Project, Templemore.*  *Tel. 087-2642203*  *(0504) 56641* | |
| **Thurles** | **Partnership with Parents**  Group programme:  To address such issues as:   * Managing Children with Anxiety * Positive Behaviour Management * Bereavement * Parental Self-Care | | | * To commence in Q. 1, 2020 * 6 weeks | | | | Barnardos Centre, Thurles, and in Family Home | | | Parents of children,  2 – 18, in Thurles Primary Care catchment area | | | | *Barnardos Centre, Thurles*  *Tel. (0504) 20018* | |
| **Cashel** | **Parents Plus ‘Children’s Programme’ *(Parents Plus)*:**  Workshop / one session  - To develop a close and warm  relationship with your child and  to enjoy being their parent  - To set rules and establish  positive routines in the home  - To manage difficult behaviour  and discipline problems  - To solve Childhood problems in  a positive way that helps your  child learn. | | | Date in March 2020, to be confirmed. | | | | Spafield Family Resource Centre, Cashel | | | Parents of children 6-11 years, Cashel area | | | | *Fiona Hayes,(Family Support Manager)*  *Diana Buckley,(Family Support Worker )*  *Spafield Family Resource Centre,*  *Old Road, Cashel*  *Co. Tipperary*  *Tel. (062) 63622* | |
| **Parents Plus Adolescents Programme (*Parents* *Plus*)**  Workshop / one session   * Getting to know and connecting with your teenager * Communicating positively and effectively * Building your teenager’s self-esteem and confidence * Negotiating rules and boundaries * Teaching teenagers responsibility * Positive discipline for teenagers * Managing conflict * Solving problems together | | | Date in February 2020, to be confirmed. | | | | Spafield Family Resource Centre, Cashel | | | Parents of adolescents | | | |
| **Clonmel** | **Mellow Bumps**  Group programme  Supporting Mums to Be with positive self-care and building a bond with their baby in the womb | | | * To commence in mid-February 2020 * 6 weeks * Weekly, for 2 hours | | | | Clonmel Community Resource Centre, Kickham Street, Clonmel | | | Mums to Be, women expecting their babies in the summer of 2020 | | | | *Emma Moloney,*  *Medical Social Worker,*  *South Tipperary General Hospital, Clonmel*  *Tel. (052) 6187604* | |
| **Carrick-on-Siúir** | **Common Sense Parenting *(Boys Town Parenting programme)***  One-to-one or group programme:  To help parents to:  - Build Family Relationships  - Deal with problem behaviour  - Teach social skills  - Promote self control | | | To start in Q. 1, 2020, ***depending on numbers*** | | | | Foróige NYP office,  16 Kickham Street,  Carrick-on-Siúir | | | Parents of children, aged 6 – 16 years | | | | *Siobhán Clifford,*  *Foróige Neighbourhood Youth Project,*  *Carrick-on-Siúir*  *Tel. 086-8331886* | |
| **Non-Violent Resistance programme** One-to-one or group programme:   * To help parents to deal with Child to Parent violence | | | To start in Q. 1, 2020, ***depending on numbers*** | | | | Foróige NYP office,  16 Kickham Street,  Carrick-on-Siúir | | | Parents of children, aged 10 – 17/18 years | | | |
| **Common Sense Parenting *(Boys Town Parenting programme)***  Group programme:  *(see above)* | | | To start in February/March 2020 | | | | Presentation Primary School,  Greenside,  Carrick-on-Siúir | | | Parents of children attending Primary School in the Carrick area | | | | *Emma Power*  *Presentation Primary School,*  *Carrick-on-Siúir*  *Tel. 086-0414829* | |
| ***Parenting Support*** | | | | | | | | | | | | | | | | |
| ***Area*** | | ***Details of services*** | | | ***When*** | | | ***Venue*** | | ***Target Group*** | | | | | | ***Contact Details*** |
| **Northern section of**  **Co. Tipperary** | | **Partnership with Families project: *Advocacy service for parents of children in the care of Túsla***   * To support parents to engage with Túsla and other relevant services * To support parents to have continued involvement with their children in care | | | * Ongoing | | | North Tipperary Community Services,  52 Silver Street,  Nenagh | | Parents of children in the care of Túsla in the North of the county. | | | | | | *Eileen Healy,*  *Advocacy Worker,*  *Silver Arch Family Resource Centre,*  *Nenagh*  *Tel.( 067) 31800* |
| **Northern section of**  **Co. Tipperary**  (*includes Ballina*  *Borrisokane*  *Borrisoleigh*  *Cloughjordan*  *Newport*  *Nenagh*  *Portroe*  *Rathcabbin & Thurles*) | | **Community Mothers Programme (Nenagh /Thurles):**   * Parent, Toddler and Baby Groups * Parenting advice and information (*Incredible Years Parent & Baby programme*) * Infant Baby massage * Breast-feeding support * Healthy Weaning clinics (with PHN team) | | | * As required | | | Areas listed in column 1 | | Families living in the areas listed with children from birth to pre-school age. | | | | | | *Brigid Murphy,*  *Community Mothers Programme,*  *Silver Arch Family Resource Centre*  *Nenagh*  *Tel. (067) 41922*  *087 2780029* |
| **Southern section of**  **Co. Tipperary** | | **Barnardos Student Mothers’ Group:**  Support for young expectant mothers and young mothers to remain in second-level education:  - One to one work  - Childcare subsidy  - Educational support  - Financial support towards books  and school materials  - Group work programmes and social  events | | | * As required | | | In the home or in school | | Expectant student mothers or student mothers in second level education in the South of the county | | | | | | *Annette Dowling, Barnardos,*  *130 Clonard Park, Ballybeg, Waterford*  *Tel. 087 6472019*  [*info@wsm.barnardos.ie*](mailto:info@wsm.barnardos.ie) |
| **Teen Parent Support Programme**  **(*Positive Parenting for Changing Families programme*)**   * One-to-One * Outreach service | | | * As required | | | * In the home or at venue of choice | | Teen parents aged 19 years and under in the  South of Co. Tipperary | | | | | | *Bernie Loughman,*  *St. Catherine’s Community Services, Carlow*  *Tel.085 1101511*  *(059) 9138700* |
| **Nenagh and surrounding area** | | **North Tipperary Parents Support Project**:  The Parent Support Programme provides support for parents with everyday life events, including:   * parental stress * parental styles * parenting through separation * peer group pressure * childhood stress & anxiety * social media concerns.   Support is provided in one-to-one sessions, group parenting courses, themed parenting talks, workshops and seminars | | | * On-going | | | Silver Arch Family Resource Centre,  52 Silver Street, Nenagh | | Parents from Nenagh, Borrisokane, Newport, Toomevara and surrounding areas | | | | | | *Fiona Naughnane,*  *Silver Arch Family Resource Centre*  *Nenagh.*  *Tel (067) 41924*  *087 7921883* |
| **Roscrea** | | **Youth Family Support service:**   * Advice/information on parenting * Support on issues affecting parenting | | | * As required | | | North Tipperary Development Company premises, Roscrea | | Parents from Roscrea area | | | | | | *Linda Dermody,*  *North Tipperary Development Company*  *Tel. (0505) 24462* |
| **Templemore** | | **Parenting/ Family Support**   * One to one parenting support * Family support service * Advice and information on wider issues affecting parenting | | | * Monday, Tuesday & Thurs.,9.00 – 5.00 p.m.;   Wed., 9 - 12   * Drop-In & by Appointment | | | Templemore Community Services Centre, Bank Street,  Templemore | | Parents of children aged 0-18 years and parents-to-be in Templemore and environs | | | | | | *Orlaith McDowell, Templemore Community Social Services*  *Tel. (0504) 31244*  [*socialworktss@gmail.com*](mailto:socialworktss@gmail.com) |
| **Incredible Years Baby Programme**  One-to-one:   * To help baby to feel loved, safe, and secure * To encourage baby’s physical and language development | | | * By appointment | | | Parents / carers of babies aged 0 – 6 months old | | | | | |
| **Templemore** | | **Parents Plus** – **Early Years Programme**: One-to-one   * Tuning in to your child * Play and Special Time * Establishing routines and rewards * Encouragement and Talking about Feelings * Using consequences to deal with misbehaviour * Teaching new skills and language * Time in and Time out * Creative play and problem solving * Using stories to teach children * Parent self-care | | | * By appointment or referral | | | More Family Project office,  Old Courthouse,  Bank Street,  Templemore | | Parents of children, aged 1 – 6 years | | | | | | *Stephanie O’Callaghan, More Family support Project,*  *Templemore*  *Tel. (0504) 56641*  *087-2642203* |
| **Parents Plus – Working Things Out Programme** (for adolescents) One-to-one   * Getting along with Parents * The key to solving problems * Managing feeling down * Developing helpful thinking strategies * Dealing with Anger and Conflict * Communication for Building Positive Relationships * Making Positive Changes | | | * By appointment or referral | | | Adolescents, aged 11 – 16 years | | | | | |
| **Templemore** | | **Parenting Support** - One-to-one - Advice/information on parenting - Support on issues affecting parenting | | | * As required * Drop In | | | More Family Project office,  Old Courthouse, Bank Street, Templemore | | Families and Parents of children, aged 0 – 18 years, from Templemore and environs | | | | | | *Stephanie O’Callaghan, More Family support Project,*  *Templemore*  *Tel. (0504) 56641*  *087-2642203* |
| **Life Outside the School Box:** A parenting peer support group for parents of children of any age that are experiencing anxiety around school issues. | | | * Meetings once per month | | | Parents of children of any age that are experiencing anxiety around school issues | | | | | |
| **Thurles area** | | **Partnership with Parents**   * Support to parents and children * Tailored around specific needs * Includes structured parenting programme, parent-child work   and work with children  Available on a **one-to-one** basis for parents | | | * As required | | | Barnardos Centre, Thurles, and in Family Home | | Parents of children,  2 – 18, in Thurles Primary Care catchment area | | | | | | *Barnardos Centre, Thurles*  *Tel. (0504) 20018* |
| **Partnership with Parents –Birth to 2 Years**  One-to-one programme:   * Developing parents’ understanding of their child’s needs * Developing their understanding of their child’s development * Improving their relationship with their child * Understanding their approach to parenting | | | * As required | | | Parents of children aged  0 – 18 months in Thurles Primary Care catchment area | | | | | |
| **Clonmel** | | **Barnardos Family Support Project** is a community based project in Clonmel that offers support and advice to families experiencing a difficult period. | | | Ongoing and for as long as needed. | | | In Barnardos Family Support project premises or in the family home | | Parents / Carers living in Clonmel or its environs | | | | | | *Barnardos Family Support Project, Clonmel*  *Tel. (052) 6170665* |
| **Partnership with Parents**  To support parents to build their parenting skills, and to strengthen relationships  Available on a **one-to-one** basis for parents | | | * As required | | | Barnardos office, Clonmel | | Parents of children and teenagers  0 – 17 years | | | | | |
| **Partnership with Parents –Birth to 2 Years**  (*see above*)  Available on a **one-to-one** basis for parents | | | * As required | | | Parents of children aged  0 – 18 months | | | | | |
| **Carrick-on-Siúir** | | **Common Sense Parenting *(Boys Town Parenting programme)*:**  One-to-one  To help parents to:   * Build Family Relationships * Deal with Problem Behaviour * Teach Social Skills * Promote Self Control | | | * As required | | | Foróige NYP office,  16 Kickham Street,  Carrick-on-Siúir | | Parents of children, aged 6 – 16 years | | | | | | *Foróige Neighbourhood Youth Project,*  *Carrick-on-Siúir*  *Siobhán Clifford:*  *Tel. 086-8331886*  *Sarah Dunleavy:*  *Tel.086-0479851* |
| **Non-Violent Resistance programme:** One-to-one programme:   * To help parents to deal with Child to Parent violence | | | * As required | | | Parents of children, aged 10 – 17/18 years | | | | | |
| **Clonmel / Cahir/Cashel/ Carrick-on-Siúir/ Fethard** | | **Clonmel Community Mothers Programme**  Community Mother Home Visits providing:   * Support & Information re. Child Development & Parenting * Ante-natal support * Breast-feeding support * Mother & Baby Groups * Parent & Toddler Groups | | | * As required | | | In the home or in the office as required | | Parents of children, 0 – 5 years in Clonmel, Cahir, Carrick-on-Siúir, Cashel and Fethard. | | | | | | *Jill Sandvoss,*  *Clonmel Community Mothers Programme*  *Tel. (052) 6128199* |
| **Cashel** | | **Parenting Support (*Parents Plus Children’s programme*)**   * One-to-One * Advice on Parenting * Listening & Referral service | | | * By appointment | | | Spafield Family Resource Centre, Cashel | | Parents of children, aged  6 – 17 years from Cashel area | | | | | | *Fiona Hayes,(Family Support Manager)*  *Diana Buckley,(Family Support Worker )*  *Spafield Family Resource Centre,*  *Old Road, Cashel*  *Co. Tipperary*  *Tel. (062) 63622* |
| **Parent/Family Support Drop in Service** | | | * Monday, 10-12 | | | Parents and families | | | | | |
| **Parenting Support (*Parents Plus Parenting When Separated programme*)**   * One-to-One | | | * By appointment | | | Separated parents | | | | | |
| **Youth and Family Support programme (*Parents Plus Adolescent*** and ***Parents Plus Working Things Out programmes*)**  Working with parents and young people on a range of issues and includes one-to-one sessions with young people | | | * By appointment | | | Parents and young people between the ages of 11 – 16 years | | | | | |
| **Slieve Ardagh area**  **Slieve Ardagh area** | | **One-to-One Parenting Support**  Drop-in clinic:   * One-to-one * Parenting Support and Advice * A Listening Ear | | | * Monday, 9.30 a.m. – 12.30 p.m. * Weekly | | | Millennium Family Resource Centre, Glengoole | | Parents from Slieve Ardagh / Glengoole,  Killenaule, Ballingarry, & Mullinahone areas | | | | | | *Julie O’Halloran,*  *Millennium Family Resource Centre*  *Tel. (052) 9157992*  *Julie O’Halloran,*  *Millennium Family Resource Centre*  *Tel. (052) 9157992* |
| **Parents Plus Adolescents Programme**  One-to-one parenting support including family sessions as required | | | By appointment or referral | | | Parents of children, aged 11 - 16 years, from Slieve Ardagh / Glengoole/ Killenaule/ Mullinahone/  Ballingarry | | | | | |
| **Parent Child Attachment Play (PCAP)**   * A gentle play-based approach aimed at improving the attachment quality of the parent-child relationship. * Uses child-oriented play with parents/carers and their children aged 3-15+ years. * Brings positive relationship change directly into the family home by empowering parents and carers as change agents. * PCAP practitioners work with the parent(s) or carer(s) and not directly with the child(ren). | | | By Referral – this programme is aimed at parents who experience attachment issues with their child / children. | | | Parents of Children aged 3-15+ | | | | | |
| **Play Therapy service for children** | | | * By appointment or referral * ***Sliding scale charge applies*** | | | Children, aged 4 – 14 years | | | | | |
| **Incredible Years Home Coaching Programme:**  One-to-one parenting programme with a focus on:  - Strengthening children’s Social  Skills, Emotional Regulation  and School Readiness Skills.  - Using Praise and Incentives to  Encourage Co-operative  Behaviour  - Positive Discipline – Rules  Routines & Effective Limit  Setting, Handling Misbehaviour. | | | * 10 week programme * Referral by professionals | | | Millennium Family Resource Centre, Glengoole or  in the Home. | | Parents of children, aged 3 – 12 years, from Slieve Ardagh /  Glengoole/  Killenaule/ Mullinahone/  Ballingarry | | | | | |
| **Baby Bonding**   * Baby bonding classes are a special weekly session for parents to enjoy with their babies. * These are relaxed sessions, well-grounded in Attachment theory and research, helping to deepen the bond between parent and baby. * Parents and babies can have fun and relax using easy activities, baby strokes, simple rhymes and lullabies | | | Small group – depending on demand. | | | Millennium Family Resource Centre Glengoole | | Parents of young children at each of following stages:   * Bumps (28 + weeks pregnancy) to Crawling * Crawling to Toddling * Toddlers | | | | | |
| **Mindfulness for Children programme** | | | * Starts Wed., 26th February after school * 6-week programme | | | Separate groups for children aged 5 – 8 years, and aged 9 – 12 years | | | | | |
| **Tipperary town**  **Tipperary town** | | **Parenting Support (*Positive Parenting for Changing Families programme*)**   * One-to-One * Support on parenting and family issues * Listening and referral service | | | * Mondays & Wednesdays by appointment | | | Knockanrawley Resource Centre, Tipperary | | Parents of children, 0 – 12 years, from Tipperary town and environs | | | | | | *Helen Buckley,*  *Parent & Family Support Programme, Knockanrawley Resource Centre.*  *Tel. (062) 52688* |
| **Incredible Years Home Coaching Programme:**  One-to-one parenting programme with a focus on:  - Strengthening children’s Social  Skills, Emotional Regulation  and School Readiness Skills.  - Using Praise and Incentives to  Encourage Co-operative  Behaviour  - Positive Discipline – Rules  Routines & Effective Limit  Setting, Handling Misbehaviour. | | | * 10 week programme * By referral from professionals | | | Parents of children, aged 3 – 6 years | | | | | |
| **SHE Group:**  Lone Parent Group | | | * Weekly session * Thursday, 11 – 1 p.m. | | | Women who are Lone Parents in area of Tipperary town | | | | | |
| **Parenting Club**  (Peer support & Mentoring Group) | | | * Weekly session * Wednesday, 10.30 – 12.30 p.m. | | | Parents in area of Tipperary town | | | | | |
| **Dads Matter**  Support Group for Fathers | | | To be delivered subject to demand | | | Fathers in area of Tipperary town | | | | | |
| **Parenting Support (*Positive Parenting for Changing Families programme*)**   * One-to-One * Advice on parenting | | | * As required | | | Three Drives Family Resource Centre,  Grenane Drive, Tipperary | | Parents of children and young people in Tipperary town | | | | | | *Three Drives Family Resource Centre,*  *Tipperary town*  *Tel. (062) 80831* |
| **Art Therapy for children**   * One-to-one * Referrals from parents, schools, etc. * For children with issues around anxiety, bullying, anger management, withdrawing behavior, etc. | | | * As required   ***Sliding scale charges apply*** | | | Children & young people, 4 – 18 years in Tipperary town | | | | | |
| **Play Therapy for children**   * As above | | |
| ***Parent & Toddler Groups / Mother & Baby Groups*** | | | | | | | | | | | | | | | | |
| ***Area*** | | ***Details of services*** | | | ***When*** | | ***Venues*** | | | | | ***Target Group*** | | ***Contact Details*** | | |
| **Co. Tipperary** | | **Parent & Toddler Groups**:   * Structured groups where parents engage in play and dance with their toddlers * Waiting lists apply in some cases | | | - Weekly sessions  - Ongoing | | In various locations around the county: see web-link below | | | | | Parents & Toddlers | | ***For full list of Parent & Toddler Groups in the County, follow web-link below*** | | |
| ***For full list of Parent & Toddler Groups in the County, please go to Tipperary County Childcare Committee web link at:***  <http://tipperarychildcarecommittee.ie/parent-toddler-groups/> | | | | | | | | | | | | | | | | |
| **Northern section of**  **Co. Tipperary** | | **Parent, Toddler & Baby Groups**   * Group Activities with parents & children to enhance development of children through play, story-telling & rhyme time | | | * Weekly sessions   - Ongoing | | **9 locations**:  In Ballina, Borrisokane,  Borrisoleigh, Newport,  Cloughjordan, Portroe,  Nenagh, Rathcabbin and Thurles. | | | | | Parents & Babies/ Toddlers | | *Brigid Murphy,*  *Community Mothers Programme,*  *North Tipperary Community Services*  *Tel. (067)41922*  *087 2780029* | | |
| **Roscrea** | | **Parent, Toddler & Baby Group(s)**  Group Activities with parents & children to enhance development of children through play, story-telling & games and music. | | | * To commence in January 2020 * Weekly sessions | | Methodist Church Hall, The Mall,  Roscrea, Co. Tipperary | | | | | Parents & Babies/ Toddlers | | *Linda Dermody,*  *North Tipperary Development Company*  *Tel. (0505) 24462* | | |
| **Templemore** | | **Templemore Baby and Toddler Group** | | | * Thursday, 10 – 11.30 a.m. * During school-term | | ‘Tiny Tots’, Templemore Community Preschool, Church Ave, Templemore (opposite Fire Station) | | | | | Parents / carers of children up to preschool age, and parents-to-be | | *Orlaith McDowell, Templemore Community Social Services*  *Tel. (0504) 31244*  *083-1606832* | | |
| **Slieveardagh Area - Killenaule** | | **Bumps Babies & Beyond**  **(Parent & Toddler Group)** | | | Wednesday,11-12 a.m | | Hilltop Playschool Killenaule | | | | | Parents/Carers/Grandparents & babies/toddlers | | *Julie O’Halloran*  *Millennium Family Resource Centre Glengoole*  *(052) 9157992* | | |
| **Carrick-on-Siúir** | | **Parent & Toddler Group** | | | Tuesday mornings, 10 – 11.30 a.m. | | Nano Nagle Centre,  Carrick-on-Siúir | | | | | Parents/Carers/ Grandparents & babies/toddlers | | *Deirdre O’Dwyer,*  *South Tipperary Development Company*  *Tel. 086-1703473*  *Sr. Bridget O’Keeffe,*  *Nano Nagle Centre*  *Tel. (051) 642418* | | |
| **Clonmel & Cahir** | | **Parent & Toddler Groups:**  4 in Clonmel, 1 in Cahir | | | - Weekly sessions | | Venues in Clonmel & Cahir | | | | | Parents, carers and toddlers | | *Jill Sandvoss,*  *Clonmel Community*  *Mothers Programme*  *Tel. (052) 6128199* | | |
| **Cashel &**  **Clonmel** | | **Mother & Baby Groups:**  To meet other parents of babies with Community Mothers on hand to provide support and information.  ***Breast-feeding practitioner*** available. | | | - Weekly sessions  - Ongoing | | Venues in Cashel & Clonmel | | | | | Mothers & Babies | |
| ***Parenting Talks / Workshops*** | | | | | | | | | | | | | | | | |
| ***Area*** | | | ***Subject of presentation & Presenters*** | | | ***When*** | | | ***Venue*** | | | | ***Contact*** | | | |
| **Co. Tipperary** | | | Training workshops for professionals and parents on different autism-related issues:   * Autism and Social Communication: * Autism, Learning Styles and the Impact   Of Visual Teaching Methods:   * Autism and Anxiety Management: * Autism and the Promotion of Positive   Behaviour:   * Autism and Sensory Processing:   *Admission free* | | | - Tuesday,14/01/ 2020  - Tuesday, 21/01/2020  - Tuesday, 28/01/2020  - Tuesday, 04/02/2020  - Tuesday, 11/02/2020 | | | Scoil Mhuire National School,  Newcastle, Clonmel.  Co. Tipperary | | | | ***Booking essential***  [*www.middletownautism.com*](http://www.middletownautism.com) | | | |

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